

Balneotreatments

| # | Procedures | Duration (min) | Price (Georgian Lari) |
|-----|---|-------------------|--------------------------|
| 1. | Mineral water bath | 35 | 12 |
| 2. | Underwater massage | 45 | 15 |
| 3. | Horizontal underwater spinal traction (1 point) | 50 | 25 |
| 4. | Horizontal underwater spinal traction (more than 1 point) | 50 | 30 |
| 5. | Circular (Rotational) shower | 20 | 8 |
| 6. | Upward shower | 20 | 8 |
| 7. | “Sharko” shower (Charcot douche) | 30 | 15 |
| 8. | Colon Hydrotherapy (deep gastrointestinal irrigation) | 60 | 85 |
| 9. | Gynecological irrigation | 25 | 8 |
| 10. | Aqua aerobics (in groups) | 30 | 12 |
| 11. | Aqua aerobics (individual) | 30 | 15 |
| 12. | Bicycles for rent | 30 | 5 |
| 13. | Bicycles for rent | 60 | 10 |
| 14. | A complex treatment of scoliosis (massage and exercises) | 35 | 25 |
| # | Physical Therapy Treatments | Duration (min) | Price (Georgian Lari) |
| 1. | Treatment with ultra-high frequency | 20 | 10 |
| 2. | Electrophoresis | 30 | 10 |
| 3. | Amplipulse Therapy | 30 | 10 |
| 4. | Ultrasound, Phonophoresis | 30 | 13 |
| 5. | Magnetotherapy | 45 | 10 |
| 6. | Inhalation (antritis, sinusitis) | 20 | 10 |
| 7. | Quartz | 15 | 10 |
| 8. | Paraffinotherapy | 30 | 10 |
| 9. | Darsonvalization | 20 | 10 |
| | Point massages | Duration (min) | Price (Georgian Lari) |
| 1. | Full body massage | 40 | 32 |
| 2. | Cervicobrachial massage | 20 | 8 |
| 3. | Lumbosacral massage | 20 | 8 |
| 4. | Upper limbs massage | 20 | 16 |
| 5. | Lower limbs massage | 20 | 8 |
| 6. | Abdominal massage | 20 | 8 |
| 7. | Back points massage | 20 | 16 |

Spa Treatments

| # | Skin-Restorative Procedures | Duration (min) | Price (Georgian Lari) |
|-----|--|-------------------|--------------------------|
| 1. | Ultrasonic medical restorative facial cleansing | 90 | 95 |
| 2. | Combined deep therapeutic facial cleansing | 120 | 115 |
| 3. | Lymphatic facial drainage with anti-aging surface cleansing | 90 | 224 |
| 4. | Facial skin biorevitalization nutritive and moisturizing procedure (needle-free mesotherapy is used) | 90 | 224 |
| 5. | To redness and irritation predisposed facial skin's soothing, therapeutic treatment (needle-free mesotherapy is used) | 90 | 224 |
| 6. | Facial skin excess obesity's balancing and acne's treatment procedure (needle-free mesotherapy is used) | 90 | 169 |
| 7. | Facial skin's global rejuvenation procedure (needle-free mesotherapy is used) | 90 | 224 |
| 8. | Wrinkled facial firming and firming up procedure (needle-free mesotherapy is used) | 90 | 224 |
| 9. | C-40 Magic mask the most powerful antioxidant and anti-aging support (needle-free mesotherapy is used) | 90 | 265 |
| 10. | Eyebrows correction | 15 | 10 |
| 11. | Global rejuvenating (anti-aging) facial mask | 25 | 35 |
| 12. | Facial massage | 20 | 35 |
| # | Body Fitness | Duration (min) | Price (Georgian Lari) |
| 1. | Revitalizing Body Scrub (treatment) + Body firming with needle-free mesotherapy | 90 | 119 |
| 2. | Revitalizing Body Scrub (treatment) + Pressure therapy | 90 | 189 |
| 3. | Revitalizing Body Scrub (treatment) + Body firming with needle-free mesotherapy | 90 | 139 |
| 4. | "Therma Spa" – Scrub (treatment) in Oriental style with bamboo sticks and Lomi Lomi massage | 90 | 149 |
| 5. | "Oblivion Pino Noir" - enotherapy (wine-based treatments) - Scrub treatment and manual massage | 90 | 159 |
| 6. | "No Cell" - procedure for the treatment of cellulite and figure correction on the basis of seaweeds using the modern European equipment | 90 | 239 |
| 7. | "Non Stop Slim" – the procedure based on the principles of chronobiology with Ginger extract for slimming which accelerates fat and corrects the figure | 90 | 199 |
| 8. | The procedure to remove fat from the abdomen | 90 | 159 |
| 9. | Legs slimming and firming procedure | 90 | 150 |
| 10. | Hands slimming and firming procedure | 60 | 89 |
| 11. | Treatment for firming the buttocks | 60 | 89 |
| 12. | The procedure against the swelling on the basis of seaweeds with therapeutic mud and serum drainage + manual massage | 90 | 139 |
| 13. | "Delicacy of rice and almonds" - a procedure for skin nutrition, hydration and its elasticity improvement | 90 | 99 |
| 14. | "Delicacy of rice and almonds" + "Oriental scrub" - full body exfoliation, dead cells removing and the skin elasticity increasing procedure | 120 | 149 |
| 15. | Pressure therapy | 30 | 40 |
| 16. | Pressure therapy + Medical massage | 90 | 139 |

| # | Spa and Wellness Body Massage | Duration (min) | Price (Georgian Lari) |
|-----|--|-------------------|--------------------------|
| 1. | General body massage | 50 | 69 |
| 2. | Swedish wellness massage | 50 | 67 |
| 3. | Mixed wellness massage | 50 | 79 |
| 4. | Anti-stress massage | 50 | 69 |
| 5. | Anti-stress massage with hot wax | 50 | 89 |
| 6. | Hot stone massage | 60 | 99 |
| 7. | Aroma therapy | 50 | 67 |
| 8. | Sports massage | 50 | 99 |
| 9. | Lymphatic drainage massage | 50 | 69 |
| 10. | Foot – Reflex massage | 40 | 45 |
| 11. | Body therapy massage | 50 | 69 |
| 12. | Back therapeutic massage | 35 | 40 |
| 13. | Cervicobrachial therapeutic massage | 29 | |
| 14. | Manual massage | 60 | 79 |
| 15. | Therapeutic point massage | 60 | 59 |
| 16. | Tai massage | 50 | 79 |
| 17. | Tai aroma therapy | 50 | 70 |
| 18. | Tai mix massage | 90 | 139 |
| 19. | Tai Back massage | 35 | 45 |
| 20. | Tai Foot - Reflex | 45 | 49 |
| 21. | Tai head massage | 35 | 39 |
| # | Wellness Hydrotherapy Procedures | Duration (min) | Price (Georgian Lari) |
| 1. | Cleopatra Bath | 90 | 199 |
| 2. | Bath of sparkling wine | 90 | 169 |
| 3. | Bath of milk and chocolate | 60 | 139 |
| 4. | Underwater massage with Dead Sea salts | 30 | 39 |
| 5. | Underwater toxin removal massage | 25 | 39 |
| 6. | Underwater anti-cellulite massage | 25 | 39 |
| 7. | Underwater firming massage | 25 | 39 |
| 8. | Underwater moisturizer massage (with various essential oils) | 25 | 39 |

| # | Diode Laser (zone for women) | Duration (min) | Price (Georgian Lari) |
|-----|---------------------------------|-------------------|--------------------------|
| 1. | Abdomen epilation | | 25 |
| 2. | Legs epilation | | 60 |
| 3. | Shin epilation | | 30 |
| 4. | Thigh epilation | | 35 |
| 5. | Buttoks epilation | | 15 |
| 6. | Hands epilation | | 50 |
| 7. | Half hand epilation | | 20 |
| 8. | Underarm epilation | | 20 |
| 9. | Lips epilation | | 10 |
| 10. | Chin epilation | | 10 |
| 11. | Sideburns epilation | | 15 |
| 12. | Cheeks epilation | | 15 |
| 13. | Forehead epilation | | 20 |
| 14. | Whole face epilation | | 50 |
| 15. | Stomach straight line epilation | | 20 |
| 16. | Lion epilation | | 20 |
| 17. | Back epilation | | 50 |
| 18. | Shoulder epilation | | 25 |
| 19. | Chest epilation | | 30 |
| 20. | Lower jaw epilation | | 20 |
| 21. | Neck epilation | | 15 |
| 22. | Classic bikini | | 40 |
| 23. | Deep bikini | | 60 |
| 24. | Nostril epilation | | 10 |

| # | Diode Laser (zone for men) | Duration (min) | Price (Georgian Lari) |
|-----|----------------------------|-------------------|--------------------------|
| 1. | Chin epilation | | 20 |
| 2. | Neck epilation | | 15 |
| 3. | Cheekbones epilation | | 15 |
| 4. | Ears epilation | | 12 |
| 5. | Shoulder, Back epilation | | 90 |
| 6. | Shoulders epilation | | 30 |
| 7. | Loin epilation | | 35 |
| 8. | Chest epilation | | 70 |
| 9. | Underarm epilation | | 20 |
| 10. | Abdomen epilation | | 35 |
| 11. | Hands epilation | | 35 |
| 12. | Wrists epilation | | 15 |
| 13. | Forehead epilation | | 15 |
| 14. | Nostril epilation | | 10 |

| # | Gym | Duration | Price (Georgian Lari) |
|----|------------------------------------|---|--------------------------|
| 1. | Training (individual) | 90 | 10 |
| 2. | Training (with fitness instructor) | 90 | 15 |
| 3. | Training (individual) | Per month (Three or four times a week) | 130 |
| 4. | Training (with fitness instructor) | Per month (Three or four times a week) | 150 |